

Packing Checklist

This list is for all four of CME's backpacking and art trips: Sanbeach, Fern Lake, Finch Lake, East Inlet Trail. An art packing list is available on the registration page. That list will have all of the guiding artists recommended art supplies.

If there is anything on this list that you don't have or would prefer to borrow from CME, please reach out to us at Info@ColoradoMountainExpeditions.com

Backpack & Carry Systems

- ☐ Backpack (50–60 liters recommended; experienced backpackers may be comfortable with 40–50 liters)
- ☐ Backpack rain cover or waterproof pack liner
- ☐ Trekking poles (optional)

Clothing (Layering System)

- ☐ Hiking shirt(s) (moisture-wicking)
- ☐ Hiking pants or shorts
- ☐ Insulating layer (fleece or lightweight puffy)
- ☐ Rain jacket (fully waterproof)
- ☐ Rain pants
- ☐ Warm hat (beanie or wool hat)
- ☐ Sun hat or cap
- ☐ Lightweight gloves
- ☐ Sleep clothes (warm and dry)
- ☐ Underwear
- ☐ Hiking socks (2–3 pairs)
- ☐ Camp socks (optional)

Footwear

- ☐ Broken-in hiking boots or trail shoes
- ☐ Camp shoes or sandals (lightweight)

Sleep System

- ☐ Sleeping bag (rated ~20–30°F)
- ☐ Sleeping pad
- ☐ Pillow (compressible or clothes-in-stuff-sack)

Shelter

- ☐ Backpacking tent

Personal Items & Toiletries

- ☐ Toothbrush and toothpaste
- ☐ Sunscreen (high SPF)
- ☐ Lip balm with SPF
- ☐ Personal medications
- ☐ Eyeglasses / contacts and supplies (if needed)
- ☐ Small quick-dry towel (optional)

Hydration & Nutrition

- ☐ Water bottles and/or hydration reservoir (2–3 liter capacity)
- ☐ Electrolytes or drink mix (optional)
- ☐ Personal snacks

(All meals and snacks are provided by CME. If there's something you especially enjoy or rely on, feel free to bring a small amount.)

Sun, Weather & Trail Essentials

- ☐ Sunglasses
- ☐ Headlamp or flashlight (with fresh batteries)
- ☐ Camera or phone (optional)
- ☐ Battery pack / charging cord (optional)

Group Gear Provided by CME (Do Not Pack)

- ✓ Backpacking tents (for those not bringing their own)
- ✓ Group cooking equipment and stoves
- ✓ Stove fuel
- ✓ All meals and group snacks
- ✓ Bear-resistant food storage canisters
- ✓ Water treatment systems
- ✓ Group first aid and emergency equipment
- ✓ Navigation, communication devices, and permits
- ✓ Something to sit on — CME will provide some Crazy Creek chairs, lightweight backpacking chairs, and hammocks so you don't have to sit on the ground while relaxing in camp